

Pre-Twinklers

Weekly Lesson Sheet

Lesson Assignments ___/___/___ :

Student Name _____

Fingers – R hand p, i, m, a, and L hand, 1, 2, 3, 4.

Parts of Guitar – Anatomical (head, neck, shoulders {upper bouts}, waist, hips {lower bouts}, heel.) Easy (back, sides, sound board, sound hole, rosette, tuners) Harder (nut, frets, fret / finger board, saddle, bridge) Really Hard (purfling, braces)

H2H Posture (Rest Position) – Sit tall, stomp cockroach, L foot on stool, R thigh parallel to floor, shins vertical, guitar bottom rests against R thigh, waist consumed by L thigh, heart to heart, neck at 45 degrees, sound board vertical, head stock level with L ear, R forearm on lower bout, R hand on upper bout.

Rocket Ship Position – Both feet on floor, R hand holds guitar by neck at heel, bottom of guitar rests on R thigh, strings/sound board facing R wall, head points to ceiling.

Bow (4 steps) – From rest position, 1 = R hand grabs neck at heel. 2 = (2 movements) Go to Rocket ship position. 3 = Stand. 4 = Bring L foot to R foot. Bow from waist and hold long enough to whisper “hippopotamusic”. Sequence is then reversed to return to Rest Position.

Musical Alphabet & Music Notation – Be able to identify letters A – G, place in proper order, tell which ones are missing, etc. Identify whole, half, quarter, and eighth notes, sharps, flats, repeat signs, fermatas, crescendo and decrescendo markings. Begin learning placement of letters on treble clef.

People on the Bus –

Practice Point(s)

Technical _____

Musical _____

Suggested Approach _____

Moonwalk -

Practice Point(s)

Technical _____

Musical _____

Suggested Approach _____

Twinkle -

Practice Point(s)

Technical _____

Musical _____

Suggested Approach _____

Activity Tracking...

Student listened to entire Book 1 CD _____ times this week. (Goal = 7+)

Student practiced _____ days this week. (Goal = 5+)

Reading was covered in _____ practice sessions. (Goal = Same # as Practice)